



Crosswinds +

Lenten Mid-Week Services

Wednesdays, February 24 - March 24 Noon, 5:45 & 7:00 p.m.

One of the “salutary” (promoting health and wholeness) purposes of the season of Lent is to nurture our faith — to cultivate and fertilize it so it will continue to grow.

It is for this reason that many congregations offer extra worship serviced each week in Lent, giving people the opportunity to expand their horizons and grow their faith.

The St. Barnabas community will have three worship opportunities each Wednesday in Lent, February 24—March 24.

The noon worship service will be a brief (20 minutes), simple service of a hymn, prayers, and the reading of a section of the Passion History. The Passion History is a consolidation of all four gospel accounts of Jesus’ arrest, trial, and crucifixion. A simple meal of soup and bread will be served after the service each week.

On Wednesday evenings, the beautiful contemplative service of Holden Evening Prayer will be offered at 5:45 and 7:00, with a soup supper served from 6-6:45. The services are identical.

The theme of the evening services is “What if sharing your faith meant just being yourself?”

What if sharing your faith meant just being yourself?

Each week, a member of the *JustWomen* study group will share insights into this question from the book *Evangelism Without Additives* by Jim Henderson. By listening to and encouraging one another, it is hoped that we all might become more comfortable and proficient with sharing our faith with others. The first three speakers are:

- | | |
|-------------|---------------------------|
| February 24 | Pastor Chris Bellefeuille |
| March 3 | Dana Cossette |
| March 10 | Lisa Pole |

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Church Begins at Home

Enclosed is a resource for personal/family devotions for the next four weeks. Pull the insert out to keep on your kitchen table, night stand, or wherever it will best be available to you.

Get Ready to shine

Let your light so shine before others that they may see your good works and give glory to your Father in heaven. (Matthew 5)

Jesus’ call to “shine” provides the theme for St. Barnabas’ tenth capital appeal. In some congregations, capital appeals take place only occasionally, go for three years, and then are done. St. Barnabas decided from the beginning to use capital appeals as the normal, ongoing way we pay our mortgage. Consequently, a St. Barnabas capital appeal is not “over and above” regular giving, but is simply the portion of our regular given that pay the mortgage.

All members of the congregation are encouraged to attend one of the congregational “Shine” events. There are two remaining:

Sunday, Feb. 28 from 4-5 p.m. and Saturday, March 6, from 6-7 p.m.

Packets with information and pledge cards may be picked up after worship on March 6/7. Those not picked up will be delivered to people’s homes on the afternoon of Sunday, March 7.

Adult Education Opportunities

Ongoing groups:

Alcoholics Anonymous

Every Thursday, 7:30 p.m. in the Fireside Room. For more information, contact **Ross Patton** (612-418-1243) or **Brenda Percy** (763-550-1759).

Pastor's Class

Pastor Wayne leads a study each Tuesday morning from 9:15-10:30. New participants are welcome at any time. The group will be studying the scripture readings for the upcoming Sunday during Lent.

JustWomen

Pastor Chris leads these studies. They are currently studying the book, *Evangelism Without Additives: What if sharing your faith meant just being yourself?* by Jim Henderson. Two options are offered

- Thursday Mornings, 9:30-11 a.m.
- 1st & 3rd Tuesday evenings, 7-8:30 p.m.

Theology on Tap

Pastor Wayne invites those who enjoy pondering questions of faith and theology to join him on Tuesday evenings from 7-8:00 p.m. at Jake's on 55 & Fernbrook. RSVP to Pastor Wayne by noon Tuesday if you plan to attend.

Breakfast Bible Study

Pastor Chris invites folks to join her in the Community Room at Lunds on 55 & Vicksburg on Wednesday mornings from 7-8:00 a.m. See information at right.

Quilters

First Friday of each month at 9:30 a.m. Next meeting March 5. All skill levels are welcome. **Audrey Johnson** 763-559-4459.

Soup N'Bread

Soup N' Bread is a monthly lunch gathering of those "55 & better" on the 3rd Friday of the month. The next gathering will be Friday, March 19, at noon.

D&G

Discovery & Growth is an adult education opportunity that meets most Sunday mornings from 10:30-11:30 in the Gardenview Room.

Me? Talk about my faith?

We are called to witness to our faith with our whole being, including our words. So what do we say?

This DVD, entitled, *Faith Out Loud*, offers hope for us tongue-tied Christians. We have a faith story, and we can have words for our experience of God.

During the six weeks of Lent, Julie Anderson-Simonson will lead us as we listen in on authentic and humble conversations as people were asked to talk about:

- a time when you experienced grace
- a time when God's people came through for you
- how God came alive in your life
- a time when God felt present
- a time when God felt absent
- how God makes a difference in your daily life
- a time of suffering in which God made a difference
- your favorite passage in the Bible.

These 10-minute sessions give us permission to talk about our *FAITH OUT LOUD*.

"Theology on Tap" Tuesday Evenings

Pastor Wayne invites those who enjoy pondering questions of faith and theology to join him on Tuesday evenings from 7-8:00 p.m. at Jake's on 55 & Fernbrook.

Each week has a focus question that is announced in advance, so folks can come on a regular basis or just when a question is of particular interest to them.

Please e-mail Pastor Wayne by noon each Tuesday if you plan to attend that evening so that he can reserve adequate space. (wpeterson@stbarnabaslutheran.org)

Pastor's Class on Tuesday Mornings

Pastor Wayne leads a study each Tuesday morning from 9:15-10:30. During the season of Lent the group is studying the Old Testament reading and Gospel reading for the upcoming Sunday.. New participants are welcome at any time.

Breakfast Bible Study at Lund's Looks at Passion Accounts

Pastor Chris leads an early morning Bible study each Wednesday from 7:00-8:00 a.m. in the Community Room upstairs at Lunds on the NW corner of Vicksburg and Highway 55. For those in west Plymouth, it's a convenient spot to combine breakfast and Bible study on the way to work.

During Lent, the group is taking a look at the "parallel passions." They read the account of Jesus' arrest, trial and crucifixion in all four Gospels, looking at the similarities and differences and paying attention to what each Gospel writer focuses on.

New participants are welcome any time. Just show up. If you contact Pastor Chris ahead of time, she will have a set of the parallel readings ready for you.

JustWomen Study Evangelism

The two *JustWomen* groups are currently reading and discussing: *Evangelism Without Additives: What if sharing your faith meant just being yourself?* by Jim Henderson.

Featured on *This American Life* (Chicago Public Radio) this book explores what evangelism really means and how the average Christian can truly learn to share her or his faith.

Books can be purchased online through Amazon or half.com. (Used books are much cheaper!)

JustWomen meets two different times: Tuesday evenings (1st, 3rd and 5th Tuesday of the month) from 7:00-8:30 in the Alcove. And Thursday mornings each week from 9:30-11:00 in the Fireside Room. (Free childcare available!) For more information, contact Pastor Chris .

Book Discussion Group

The Book Discussion group meets the third Thursday of the month at 7 p.m. to discuss a novel. New participants (both women and men) are always welcome.

March 18

The Help by Kathryn Stockett
Host: Laurie Robarge, larobarge@comcast.net

April 15

Population: 485 by Michael Perry
This book has been selected by the City of Plymouth for the community to read together.

You do not need to make a big commitment to join this group. To participate in the discussion, read the book and RSVP to the host. For more information, contact Julie Hoyme (jhoyme@stbarnabaslutheran.org or 763-553-1239).

March “Gift of Love” for Minnesota Food Share

Minnesota FoodShare coordinates an annual campaign each year during the month of March, involving over 4,000 congregations, businesses, civic groups and schools who raise food and cash donations for food shelves across the state of Minnesota.

300 food shelves in the state participate in the March Campaign, as well as 2,000 congregations, 1,000 businesses and 1,200 civic groups and schools. Most groups participating in the campaign choose a food shelf in their area, and give their food and cash donations directly to that food shelf. At St. Barnabas, all donations go directly to Interfaith Outreach and Community Partners. Based on March donations, Minnesota FoodShare will allocate funds that IOCP can use to purchase additional food. The greater our March donation to IOCP, the greater the dollar allocation it will receive from Minnesota FoodShare.

Since 1982, Minnesota FoodShare has been a key component of a faith-based response to local hunger, mobilizing congregations, corporations, schools and community groups -- people just like you -- to reach out to the hungry.

Here are some “fast facts” from IOCP:

- One of the most common needs that brings families to IOCP is food.
 - The IOCP food shelf serves the 85,000 residents of Hamel, Long Lake, Medicine Lake, Medina, Minnetonka Beach, Orono, Plymouth, and Wayzata.
 - Use of IOCP’s food shelf rose 28% in the past year.
 - The food shelf serves an average of 225 households every week.
 - Last year IOCP distributed 753,556 pounds of food to 1,111 households.
 - 35% of people who use IOCP’s food shelf are children under the age of 17.
 - IOCP provides supplementary, no-cost food as often as once a week.
 - Participants receive pre-packed bags of staples, meat, and bread. The quantity provided is based on family size and special needs.
- IOCP purchases food at \$.12/pound from Second Harvest, compared to an average of \$1.50/pound at retail stores.
 - First-time food shelf users meet with a case manager, who discerns eligibility and helps people apply for governmental food benefits. We look to government programs as a first step before accessing IOCP resources.
 - For Minnesotans who used food stamps in 2007, the average household benefit was \$186/month. The average benefit for persons 65 and older was \$49/month.
 - In the past year IOCP provided food certificates to 488 households, at a cost of \$36,000. Food certificates of up to \$20/month are used to purchase items not available in the food shelf, such as milk, dairy products, diapers, and formula.
 - The demand for food is highest during the summer, when children are home and not receiving free or reduced lunches at school. Increased summer daycare costs further strain already tight budgets. At the same time, food donations are down because donors are on vacation, churches experience reduced attendance, and civic groups take a break.
 - IOCP’s food shelf is staffed by more than 150 community volunteers.

During last year’s campaign, IOCP collected 42,537 lbs. of food and \$29,789, allowing them to leverage additional dollars from Minnesota FoodShare and the Feinstein Foundation to purchase items from Second Harvest at a fraction of the retail cost.

You can contribute to Minnesota FoodShare in one of two ways:

- 1) by making a financial gift through our “Gift of Love” offering or
- 2) by bringing non-perishable food items to the food cart in our narthex. Protein items like canned tuna, salmon, and chicken are appreciated as well as complete meals.

St. Barnabas’ goal for the “Gift of Love” is that every member give something each month. When we all give a little, it adds up to a lot!



Hospitality Ministry Opportunities

There is a need for a few more folks to serve as greeters, ushers, and hosts on Sunday mornings. These are important “ministries of hospitality.”

We are also looking for a few folks who are willing to join in the important ministry of baking bread and delivering it to first-time visitors. We would like to have a large enough group so that no one needs to do this more than once every four months.

Contact Julie Hoyme in the main office (763-553-1239) if you can help with any of these ministries.

Food Lovers Go to Stella’s Fish Café March 13

Food Lovers is open to all adults in the congregation who love good food and fellowship. On Saturday, March 13, the group will go to Stella’s Fish Café and Prestige Oyster Bar at 1400 W. Lake Street (across from Calhoun Square). Reservations are at 6:30 pm. The plan is to reserve the chef’s table in the kitchen or, if there are too many for that spot, they will get a big table upstairs. Each person will order off the menu. Entrée Dinner prices range from \$12 - \$30. Check out the website at www.stellasfishcafe.com. Deadline to reserve a spot is Sunday, March 7.

For questions about this event or Food Lovers, please feel free to call Julie Hoyme (763-553-1239), Carol Talus (763-557-7097), Jana Hawkins (763-559-1280), or Barb Novak (763-639-8657).

Prayer Beads — A Helpful Aid to Prayer

Glenna Whitmill



As we enter this season of prayer and reflection, I'd like to share with you information about something I have made use of in my personal prayer life over the last few years. Several events intersected to cause me to concentrate on how I could strengthen my prayer life and thus deepen my relationship with God. The emphasis for Lenten Worship Services one year was prayer and various methods of praying (lectio divina, Taize songs, etc.) Also, the PAL (Prayer Advocate Lifesaver) program had recently begun in which every youth (ages 3 – grade 12) in our congregation is prayed for by an adult every day. The third thing was a workshop discussing prayer beads where participants actually made a set of ecumenical prayer beads.

The idea of prayer beads captured my imagination immediately. What I knew about prayer beads was that they were a “Catholic thing.” I had friends who had rosaries that they used when reciting various prayers and scriptures. To my surprise, I discovered that prayer beads as a tool for meditation and prayer are as old as written history and are present in almost every religion. Frequently prayer beads are used for repetition of a prayer or prayers a set number of times; or repetition of a pattern of prayers; or meditation on a particular theme. The physical-ness of the beads helps the user keep track of how many prayers have been said without concentrating on the act of counting, but instead concentrating on the prayer itself.

Several things spoke to me about utilizing beads in my prayer life. First, if I wanted to make this a more regular act, simply having the physical-ness of the beads to sit down with in the morning could help me focus my mind on prayer rather than all the many things that can crowd in from my busy day ahead. And then, considering the PAL prayer ministry, I hit upon the idea of having a bead represent a person or idea that I wanted to pray regularly about.

The kit that participants were given at the workshop included a variety of beads and a small cross. Some of the beads were a lovely blue like the St. Barnabas blue. Those would be perfect for the youth for whom I was praying daily. I quickly realized that as I prayed for “my” youth in the church, I also needed beads for my daughters and granddaughter. I would need a bead for my husband and my father, sister, and brother and his wife. And then came beads for my mother-in-law and Jeff’s brother and his wife.

At my local bead shop, I carefully chose beads for each person on my list, utilizing some of the beads in the original kit. I balanced all of these out, spacing them around my circle by purchasing a small packet of beads so that there were beaded breaks between the special beads that represented people. I had a lovely set with a silver cross at the bottom. I would start at one side of the cross, pray around the circle for each person in turn and then end at the cross with the Lord’s Prayer.

That worked for three or four weeks. Then I hit a personal bump in my life and realized that I didn’t have a bead for me on the string! Added to that, there were some issues about conservation that I felt a need to include in prayer and the elections were coming up, so I needed a bead for political issues and concerns. I again made a trip to my local bead shop and found great beads to represent those three prayer concerns and re-strung my beads. At that point, I also added some beads that I think of as “floaters.” The floaters represent a variety of people and issues, usually things from the prayer concerns at church and change as needs change.

Since then, I have restrung the beads a couple of other times, adding a bead for the family I worked for, a bead for another dear friend who also has health issues, a bead for folk at my new place of work and beads for each of my daughters’ fiancées.

The prayer beads work well for me. I still like their physical-ness. Touching each as I pray helps me focus on my prayer concerns. I believe they have helped me strengthen my prayer life as I pray regularly.



St. Barnabas has prayer ministry called P.A.L. (Prayer Advocate Lifesaver). The goal is to have every youth (ages 3 - grade 12) in our congregation prayed for by an adult every day. The adult simply prays for a child. There is no other contact between the child and the pray-er.

At this point we have just over 100 adults praying for our youth. Thank you to all of you that have devoted 30 seconds or more each day to this ministry.

Not all of our children currently have someone praying for them. If you would be interested in taking part in this ministry, please call **Carol Talus** (763-557-7097) or **Michelle Burnett** (612-709-6384), who are coordinating this project.



Parish Nurse Ministry

Rose Umland



The Wellness Ministry Team has identified two areas of focus for the Parish Nurse Ministry, newborns and seniors.

Baptismal Shawls

We will expand our prayer shawl ministry to include knitted or crocheted Baptismal Shawls for our newly baptized. They will be made by a newly formed group, different from the knitters who currently are making our Prayer Shawls which are given to hospitalized, nursing home, home bound or severely ill members. (Although you can do both if you wish!)

The new **Baptismal Shawl creators** will first meet on **Friday, April 16 at 11:00 a.m.** (prior to Soup 'n Bread.) Although many may choose to knit or crochet the shawls at home, we will have an initial meeting to choose our patterns and yarn selection. If you are looking for a ministry that you'd like to help with that is relaxing and can go anywhere with you, this may be just the thing you're looking for! Come and join us to hear more!

Memory Loss Respite Care

Addressing a growing need in our community for seniors, St. Barnabas has joined a newly formed consortium called the Northwest Consortium of The Gathering. The consortium currently consists of St. Barnabas, Oak Knoll, Calvary and St. Joseph's Parish in New Hope. **The Gathering** is a program through Lynblomsten which offers respite for care givers of memory loss victims. It currently is offered at Oak Knoll Lutheran in Minnetonka on the first and third Thursdays of each month. Due to the high demand in our community the consortium is working on opening a second site at Calvary Lutheran in Golden Valley on the second and fourth Thursdays each month. The plan is to open this second site in April, but it all depends on acquiring enough volunteers.

If you are interested in volunteering 5 hours once a month to help provide group respite for care givers of memory loss victims, or would like more information on being a participant at **The Gathering**, please contact Rose Umland for more information (rumland@stbarnabaslutheran.org or 763-553-1239).

A display with more information about **The Gathering** is set up in the narthex.

Children & Family Ministry News

Rose Umland



First Communion Class

A First Communion class for children and their parents will be offered on Sunday, March 14, starting 4:30 and ending by 6:30. Supper will be provided. Siblings are welcome to come. We'll have a movie for them to watch during the class time. The children will then have their First Communion on Maundy Thursday, April 1 (or whatever date works best for each family). For more information, contact Rose Umland or Pastor Wayne.

Education Ministry Dates

No Lighthouse Confirmation
Wednesday, March 24

No Good Shepherd School
Saturday, March 20 & 27

No Family Sunday School
Sunday, March 21 & 28

St. Barnabas Strives to Be a Permission Giving Church

Is there a ministry or activity you'd like to be part of at St. Barnabas but it's not being offered right now? If you are interested in an activity, chances are that someone else is, too. Any time is a good time to join a group or to start a new one.

If you have an idea for a new small group or fellowship activity, please call Barry Bergh (763-553-1239) and he will work with you to get it started.

The Marks of Discipleship

- Daily prayer
- Weekly worship
- Bible reading
- Service in and beyond the congregation
 - Spiritual friendships
 - Giving time, talents, and resources

Jesus said, "Go and make disciples of all nations..."
(Matthew 28:19)



Drivers Needed for March 7

Sunday, March 7, is "Invitation to Respond" Sunday for our Shine capital appeal. Those who attend worship on Saturday evening or Sunday morning that weekend will receive a packet containing information about the purpose of the appeal and a pledge card to be returned the following weekend.

For those not able to be at worship that weekend, their packet will be delivered to their home on Sunday afternoon, March 7. We need volunteers who would be willing to meet at church at 1:30 to pick up a group of 6-7 packets and deliver them to homes. These are not visits, just deliveries — knock on the door, hand it to your fellow member, and be on your way. If they are not home, you just leave the packet at the door. The task should take 1-2 hours.

We need 25-30 drivers. If you would be willing to help with the capital appeal in this way, sign up at the Welcome Center this weekend or call Julie Hoyme at 763-553-1239. Thanks!

News & Notes

- Have you seen the "Shine" wall in the Ministry Center yet? A group of talented and creative women have put together an eye-catching display of photographs to show some of the many ways the people and ministries of St. Barnabas "shine" with the light of Christ. Our thanks to **Sue Gregerson, Kristi Pierro, Val Cook, Laurie Sanderson, and Ann Dryer** for putting this display together.
- Congratulations to **Jenna Johnson** for winning the Czar of Cakes competition at the Food and Wine show this past weekend! Jenna, daughter of **Jay & Kay Johnson**, works at Gateaux Inc. (near the Plymouth Mann Theater) specializing in magnificent wedding cakes.
- Four of our St. Barnabas families have welcomed new additions in recent weeks:
 - Jan. 8: **Jesse Rogers**, son of **Kelly & Jim Rogers**
 - Jan. 9: **Marco Canibano**, son of **Barb & Eladio Canibano**
 - Jan. 28: **Leah Wolkenhauer**, daughter of **Kathryn & Adam Wolkenhauer**
 - Feb. 17: **Ezekiel Biancardi**, son of **Candice Espinosa & Mark Biancardi**, grandson of **Bernice & David Sather**
- The month of February was a tough month for the St. Barnabas community as we grieved with three families experiencing the death of loved ones.
 - The funeral of **Kevin Foley** was held February 4. Kevin died of stomach cancer just short of his 45th birthday. He was brother-in-law of **Perry & Shelly Johnson** and is survived by his wife, **Heidi**.
 - The funeral for **Christina Troftgruben** was held February 13. Christina was just shy of her 29th birthday and is survived by her husband, **Darin**.
 - The funeral for **Jeff Van Keuren** was held February 19. It was almost four years ago that Jeff was diagnosed with brain cancer. Jeff was 56 years old and is survived by **Barbara, Beth, and Ben** and Barbara's parents, **Alex & Inge Milliken**.
 - **Steve & Charlene Alexander** request prayers for Steve who was recently diagnosed with a stage 4 malignant cancer. Steve is receiving chemotherapy at the Veterans Administration Hospital.
 - **Bryan Miller** recently joined the ranks of those in "job transition." Bryan is looking for a job in IT or retail. If you hear of an opening somewhere, send him an email at blmiller_66@yahoo.com.



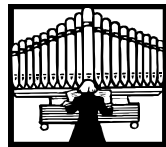
Lessons offered for youth & adults in
Piano, Organ, Voice, Guitar,
Winds, Strings & Percussion

Music Together® classes for
children
8 months-age 5

Jeff Whitmill, director
www.stbarnabaslutheran.org/sbca/
763-553-3083

March SBCA Concerts

Lunchtime Organ Recital Series
Mary Joy Rieder, St. Mary's Church, St. Paul
Thursday, March 11, 12:30 p.m.



The St. Barnabas Center for the Arts Organ Recital Series offers lunch time concerts on the second Thursday of each month, from 12:30-1:00. A simple lunch is served prior to each recital from 11:30-12:15. Please RSVP for the lunch, 763-553-1239.

Jazz@StBarney's

Laura Caviani Trio
Saturday, March 13, 7:00 p.m.



As jazz pianist, Laura Caviani's recordings have received such praise as "piano trio jazz of the highest order" from *Downbeat* contributor Bob Protzman, and "in a word, outstanding" from the *Minneapolis Star Tribune*. Laura will be joined by Gordon Johnson (bass) and Phil Hey (drums).

Admission is \$10 for adults, \$5 for students.

Youth & Family Ministry News

Dennis Manson



Navigators Lent Schedule

March 3

Service Event (times indicate when each group leaves from church and returns to church)

- 6th Grade: Pastor Paul Mission 5:30-8:30 p.m.
- 7th Grade Girls (Cossette/Swedenberg): 363 Days 6:00-7:30 p.m.
- 7th Grade Girls (Teig/Peterson): Hammer 6:00-8:30 p.m.
- 7th Grade Boys: Crystal Care Center, 6:30-8:45 p.m.
- 8th Grade ~ Global Health Ministries, 5:30-8:00 p.m.

March 10 & 17

- 5:45: Worship (option 1)
- 6:15: Soup Dinner (soup fee)
- 6:30: Small Group (at tables or in small group location)
- 7:00: Worship (option 2)

March 24

No Navigators (Lenten Worship)

March 31

Normal Navigators (6:00-7:15 pm)

Summer S-t-r-e-t-c-h

Summer Stretch is a service and recreational ministry for current 6th-9th graders, centered on Gospel values.

The idea is students come each Wednesday from mid-June through July from 8:00 a.m. - 5:00 p.m. for a morning of service and reflection, break for lunch, before going out and having fun and fellowship with friends.

A great service to those families who work and leave their child unsupervised for large periods of time. We at St. Barnabas (really Dennis) miss the contact they have with the students throughout the summer. This ministry provides a meaningful connection and investment in the community.

This new ministry for St. Barnabas involves high school students, college students and adults coming together one day a week (Wednesday's) to help lead and supervise service events, reflections and recreational events for our middle school students.

Cost is \$130 (\$50 non-refundable deposit) and includes transportation to and from service and recreational events, recreational activities fees, Valleyfair ticket, and t-shirt.

Check out the web site for more details including registration forms.

Mission Trip 2010

St. Barnabas is heading to Logan, West Virginia, June 18-27, 2010.

- Spaces still available
 - Training meetings currently underway
- Fundraisers and scholarships available!

Auction and Dinner

...is set for April 11, 2010! Pick up your tickets in March either on a Sunday morning or Wednesday evening.

Auction items are very much needed. If you have leftover Christmas gifts, a service, or items to create a basket, please fill out a donation form located in the Welcome Center.

All proceeds from the Auction and Dinner help offset the youth ministry mission trip (West Virginia) costs.

Aluminum Can Recycling

Our Youth Ministry collects aluminum cans on the 1st weekend of each month (this month's collection is March 6/7). Place bags of cans in entry at east end of building.

Baking for Coffee Hour

We are looking for folks who are willing to spend just a little time at church preparing for Coffee Hour. The supplies are provided — we simply need your time and talent. If you have never worked in this kitchen before, you are in for a treat. The big ovens and many cookie sheets make baking double batches of cookies or muffins a quick job. Sign up at the Coffee Table if you are willing to bake. If you have questions about using the kitchen, please talk to Barry Bergh (763-553-1239).

March Baptismal Anniversaries

- | | |
|--------------------|----------------------------|
| 1 Carolyn Torp | 19 Lindsey Orke |
| 6 Richard Edlund | 20 Julie Anderson-Simonson |
| Robert Weaver | Rachel Struckmeyer |
| 8 Dick Meyer | 21 Jerome Zell |
| Dwight Neville | 23 Darin Troftgruben |
| Ian Neville | 26 Douglas McGowan |
| Nicholas Neville | Lisa Umland |
| Steve Oelfke | Sarah Umland |
| 9 Barry Bergh | 27 Morgan Coffman |
| Kenneth Hoyme | Beverly Drazul |
| 10 Megan Donnell | David Sather |
| Kami Miskiw | 28 Grace Reynolds |
| 11 Roy Gummeson | Kathryn Titus |
| Laurie Hackl | Barbara Zell |
| Sonja Oelfke | 29 Caralin Walsh |
| 12 Janice Andersen | 30 Anna Johnson |
| 13 Wayne Peterson | Vidal Vasquez |
| 15 Shelly Davis | 31 Emily Lindberg |
| 18 Tyler Carter | Alexis Oelfke |
| Joel Porter | |

March Birthdays

- | | | |
|----------------------|---------------------|---------------------|
| 1 Brenda Pearcy | 12 Jeffrey Severson | 23 Jonathan Fritz |
| Sarah Kate Pierro | 13 Lorel Anderson | Bill Rohland |
| 2 Connor Loop | Kirstin Brunau | 24 Twyla Bergh |
| Ian Novak | Marsha Gronneberg | Matthew Cossette |
| Gretchen Struckmeyer | Jared Sather | Kaitlyn Eilderts |
| 3 Cindy Dogan | Lynn Walters | Samuel Olson |
| Brady Tjaden | 14 Annika Sogge | Martha Wells |
| 4 Fern Clauson | 16 Michael Fritz | 25 Marilyn Arndt |
| Alexis Oelfke | Dane Jacobson | Jean Berg |
| 5 Kathy Burkett | Kaitlyn Peterson | Joseph Bernau |
| Douglas Forsyth | Sue Spencer | 26 Lisa Oelfke |
| 6 Laura Silbaugh | 17 Heidi Eilderts | Julie Snell |
| 7 Darryn McGarvey | Emily Lindberg | 27 Greta Sommerfeld |
| 8 Laurie Hackl | Kim Regensburger | Sandy Williams |
| Susan Hagen | Caleb Stephens | 28 Clark Sanders |
| Abby Silbaugh | 18 Maggie Harless | 30 Michael Umland |
| 9 Adele Lillie | Brady Lillie | 31 Steven Alexander |
| Abigail Reynolds | 19 Skyler Gustavson | Elias Hoff |
| 11 Roy Gummeson | 20 Oliver Smith | Jay Koepsell |
| Kenneth Root | 22 William Boarder | Paige Malchow |
| Scott Tjaden | Donald Johnson | Rose Umland |

ST. BARNABAS LUTHERAN CHURCH

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Phone: 763-553-1239
Fax: 763-553-7839
Website: www.stbarnabaslutheran.org

Ministry Team

Wayne Peterson, Pastor
Chris Bellefeuille, Pastor
David Helgen, Hospitality Pastor
Rose Umland, Lay Minister to Children & Family
Dennis Manson, Lay Minister to Youth & Family
Barry Bergh, Lay Minister for Hospitality
Julie Hoyme, Parish Assistant
Mary Newton, Organist
Jeff Whitmill, SB Center for the Arts



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ST. BARNABAS IDENTITY STATEMENT

St. Barnabas Lutheran Church is a part of the Body of Christ and a member congregation of the Evangelical Lutheran Church in America.

The source of our life together is the Word and Sacraments, celebrated in our worship.

We name ourselves after St. Barnabas, a New Testament apostle. He was called "Barnabas", meaning "son of encouragement", because he joyfully shared the "good news" of our Savior, Jesus Christ. He faithfully supported the work of the Church with his talents, prayers, and offerings.

MISSION STATEMENT

Sent by Jesus, we set our sails to be filled by God's Spirit, inspiring us to praise, grow and serve.

Barney's Blarney

Things to ponder:

- Can you cry under water?
- What disease did cured ham actually have?
- How is it that we put a man on the moon before we figured out it would be a good idea to put wheels on luggage?
- Why do people pay to go to the top of tall buildings and then put money in binoculars to look at things on the ground?
- If corn oil is made from corn and vegetable oil is made from vegetables, what is baby oil made from?
- Why do you have to "put your two cents in" but it's only a "penny for your thoughts." Where does that extra penny go?

Blood Pressure Checks 2nd Sunday of Each Month

The St. Barnabas Wellness Team is arranging to have nurses in the congregation provide blood pressure checks on the second Sunday of each month. The next checks will be offered Sunday, March 14. The BP checks will be offered between the two worship services (10:00-10:30) in Rose Umland's office.

Worship Schedule

Sunday
9:00 & 10:30 a.m.

Saturday
5:00 p.m.

Thursday Morning Prayer
7:30 a.m.

Prayer for Healing
Sunday, Mar. 14, 6:00 p.m.

Service of Prayer for Healing Sunday, March 14, 6:00 p.m.

St. Barnabas offers a monthly *Service of Prayer for Healing*. The service is generally on the second Sunday of each month from 6:00-6:45 p.m.

The service is simple: gathering, listening, praying, and (for those who desire it) anointing with oil. Everyone is welcome. Come seeking prayers for yourself or to intercede on behalf of a family member or friend.

