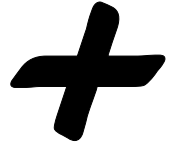




Crosswinds



Ash Wednesday Observed with Three Services on February 25

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The St. Barnabas community will begin the season of Lent with Ash Wednesday services at noon, 5:30 and 7:00 p.m. on February 25.

The noon service is offered especially for those who prefer not to venture out in the evening.

The 5:30 service is offered especially for our Lighthouse Confirmation youth and their families, but anyone for whom this early evening time is more convenient is welcome to come.

A simple meal of soup and bread will be provided, served after the noon service and from 6:00-6:45 in the evening. The suggested donation is \$2 per person.



Background on Ash Wednesday

Ash Wednesday is the most solemn day of the church year. The mood is one of penitence—honestly examining the sin which pervades our lives and society, asking God's forgiveness, and resolving to repent (literally, "turn around") and live according to God's will.

The chief symbol of Ash Wednesday is, of course, ashes. Ashes are an extraordinarily rich symbol rooted in ancient customs and practices.

In a Jewish and Christian context, ashes suggest frailty and mortality—our total dependence upon God for life. They remind us forcefully of the words of the committal in the burial service "...earth to earth, ashes to ashes, dust to dust," for one day those words will be said over us.

At Ash Wednesday services, ashes will be placed on the forehead of everyone who desires it.

Crosswinds Adds E-mail Newsletter

Crosswinds is evolving to better serve the St. Barnabas community.

The print version of the *Crosswinds* newsletter will now be produced just once a month and an e-newsletter format will be sent out every week. This will result in over \$500 of annual savings in postage and paper, plus guarantee that news will be delivered to the majority of the congregation in a more timely manner than the postal service provides.

The print version will be expanded to provide a full month's worth of news so that households that do not have access to e-mail will not miss out on upcoming events.

The e-newsletter made its debut the second week of February. If you have not yet received an e-newsletter, there are three possible reasons for this:

1) **You don't have an e-mail account.**

If that's the case, we'll do our best to keep you informed about St. Barnabas' ministries by means of this monthly print edition and the Sunday morning bulletin.

2) **You have an e-mail address but we don't have it in the St. Barnabas database.**

If you have not yet received a St. Barnabas

e-newsletter, please send an e-mail with the address you would like us to use to Julie Hoyme at jhoyme@stbarnabaslutheran.org. (If you receive this newsletter and are not a member of St. Barnabas, you are welcome to receive the weekly newsletter, too! Just send an e-mail to Julie and let her know.)

3) **Your spam filter is preventing delivery of the e-newsletter to your Inbox.**

If you have not yet received a St. Barnabas e-newsletter, please send an e-mail with the address you would like us to use to Julie Hoyme at jhoyme@stbarnabaslutheran.org. If Julie sees that we have the correct address, she will send a reply e-mail to let you know that it is likely a spam filter issue. Each e-mail program (Outlook, Outlook Express, Eudora, gmail, yahoo, hotmail, etc.) has a way to designate a sender (in this case, wpeterson@stbarnabaslutheran.org) as a trusted source or friend. If you are using a work e-mail address, you may have to contact the person in your company who manages the spam filters and request that this newsletter be allowed through the filter.

Church Begins at Home

Enclosed is a resource for personal/family devotions for the next six weeks. Pull the insert out to keep on your kitchen table, night stand, or wherever it will best be available to you.

Upcoming D&G's Focus on "Mission-Centered Travel" and a Series on Worship

Ongoing groups:

Alcoholics Anonymous

Every Thursday, 7:30 p.m. in the Fireside Room. For more information, contact **Ross Patton** (612-418-1243) or **Brenda Pearcy** (763-550-1759). Free brochures and books that can be purchased are available in the Fireside Room.

"Barney's Boys"

Men's study and fellowship group meets every other Saturday from 8-9:30 a.m. at Panera, Hwy 55 & County Road 24. Next meeting is Feb. 28. They are currently discussing the book, *Wild at Heart* by John Eldridge. For more information contact **Jeff Carter**, 763-577-1507, or slrams@comcast.net.

Pastor's Class

Pastor Wayne leads a study each Tuesday morning from 9:15-10:30. New participants are welcome at any time. The group is currently studying the readings for the upcoming Sunday.

JustWomen

Pastor Chris leads these Bible studies. Two options are offered and both are beginning a new study of the passion of Jesus, comparing the four gospel accounts of Jesus' arrest, trial, crucifixion, and resurrection:

- Thursday Mornings, 9:30-11 a.m.
- 1st & 3rd Tuesday evenings, 7-8:30 p.m.

Knitters & Crocheters

The groups meets the 4th Wednesdays at 9:30 a.m. The next meeting will be Wednesday, February 25. Work on your own project. All skill levels are welcome. For more information, contact **Mary Pestel** 763-559-9138.

Quilters

First Friday of each month at 9:30 a.m. Next meeting March 6. All skill levels are welcome. **Audrey Johnson** 763-559-4459.

Soup N'Bread

Soup N' Bread is a monthly lunch gathering of those "55 & better" on the 3rd Friday of the month. The next gathering will be Friday, March 20, at noon.

Discovery & Growth is an adult education opportunity that meets most Sunday mornings from 10:30-11:30 in the Gardenview Room.

D&G

People are encouraged to worship at 9:00, enjoy fellowship with others in the Ministry Center from 10-10:30, and then get in the habit of making D&G part of their Sunday morning routine.

The next two Sundays, D&G will feature members of St. Barnabas who have done "mission-centered" travel in recent months.

Feb. 22 **Brita Gilyard**, sophomore at Gustavus, will report on her January term experience studying in Tanzania

Mar. 1 **Jim Parks** will report on his recent work for the ELCA Global Mission Division in Slovakia, teaching English at a gymnasium (high school).

The topic for March 8 had not been firmed up when at press time, but the rest of March is all set.

D&G will welcome **Dr. Mons Teig**, Professor Emeritus of Worship at Luther Seminary, for a 3-part series on worship **March 15, 22, & 29**. Mons and his wife, Shirley, are frequent visitors at St. Barnabas, drawn by the fact that their daughter, Stephanie, her husband, Brad Nylin, and four of their grandchildren are members of St. Barnabas.

Here's a little introduction to Mons, taken from the Luther Seminary website:

Mons Teig stresses that worship isn't simply our offering to God. "The liturgy is not just our work," he says, "it is first God's work on behalf of the world as proclaimed in Word and Sacrament. Or to put it another way: worship is God's 'I love you' to us and our "I love you" to God."

And just as worship is at the center of the proclamation of God's work in Jesus Christ through the power of the Spirit, it is also at the center of our witness in the world.

"We worship not to escape the world, but to enter more deeply into the world that God created," Teig says. "We go to worship to be church and to be made the body of Christ for the sake of the world."

These understandings were developed during Teig's 13 years of service as a parish pastor on both coasts. They were further refined during his studies for two masters degrees—one in liturgical studies, the other in New Testament—and Ph.D. studies at the Graduate Theological Union in Berkeley, Calif.

Teig, who also spent 12 years as director for parish worship and preaching in the American Lutheran Church's Division for Life and Mission in the Congregation, notes that Lutherans tend to be conservative when it comes to worship. But he points out that Lutheran worship offers flexibility, variety and room for imagination.

That's why he sees no dichotomy between contemporary and traditional forms. "We need to tie them together, not divide them. I prefer to talk about 'traditional contemporary' or 'contemporary traditional' worship," he says.

Because worship is shaped by its setting, Teig is also a student of church architecture. He has just produced a video about the work of Ed Sövik, a well-known American church architect. "I'm interested in what worship spaces say about our understanding of worship and how they can invite people to greater involvement," Teig says.

Above all, he believes that effective worship must be hospitable and welcoming: "The Pharisees reproached Jesus for receiving sinners and eating with them. Like Jesus, we, too, must receive sinners and eat with them. This is how we live out the Gospel."

Young Adults Game Night March 7

Chris & Darin Troftgruben are hosting another young adults game night at St. Barnabas on Saturday, March 7 at 6:00 p.m. The timing is great if one wants to worship at 5:00 and then enjoy some fellowship afterwards.

"Young adults" is defined rather loosely — mid-20's to 40-ish, but no one will be checking ID's. This is an adult event, so please get a sitter for the kids.

Everyone is invited to bring a deck of cards, a 2 liter beverage, and some munchies to share. For more information or to indicate your interest in participating, send an e-mail to Chris at chefgruben@hotmail.com.

Book Discussion Group

The Book Discussion group gets together on the third Thursday evening of each month of the school year and once during the summer to discuss a novel. New participants (both women and men) are always welcome. One can come on a regular basis or just for a single time. Just contact the host for the evening to let them know you are coming.

March 19

The Brief Wonder Life of Oscar Wao
by Junot Díaz

Host: Karen Lillie, 763-559-5196

“Discover Your Dependable Strengths” Workshop Offered March 13-14

Have you ever asked yourself:



- What is unique or special about me?
- Am I living my faith in the context of what my strengths and gifts are?
- Am I living my faith in all the settings where I find myself each day?

God has created and uniquely gifted each of us to live a Centered Life: living our faith everyday at work, at home and in the community. But often we are unclear on just HOW God has gifted us.

“Discover Your Dependable Strengths” is a fascinating and inspiring workshop that will help you discover your gifts, strengths, skills, and passions and support you in living your faith each day. You are sure to discover something new and to be affirmed your unique gifts.

This 9-hour workshop will be held at St. Barnabas on **Friday, March 13 from 6-9:30** and **Saturday, March 14 from 8:30-2:30**. It is led by **Robby Sanders** and **Barb Daiker**. Robby

and Barb are part of the St. Barnabas Centered Life team, leading our congregation in discovering how to lead a Christ-Centered Life. The workshop is free!!!

What will I gain from this experience?

- Increase your self-esteem
- Be able to offer your best toward all that you do
- Make better choices and commitments at home, school and church
- Have a clearer sense of how to live out God’s call in your daily life
- More easily recognize opportunities for growth and skill development
- Learn to spend your time doing what you love

There is some advanced preparation need for this workshop. One of the workshop leaders will contact you to let you know what to do.

Register at the Welcome Center. For more information, contact Robby, Barb or Pastor Chris.

Discover Your Dependable Strengths

Friday, March 13

6-9:30 p.m.

Saturday, March 14

8:30-2:30 p.m.

Robby Sanders

763-557-9064

Robbysanders@comcast.net

Barb Daiker

763-494-3247

Bldaiker@yahoo.com

Pastor Chris Bellefeuille

763-553-1239

chris@stbarnabaslutheran.org

Balanced Environments: A Feng Shui Workshop Sunday, March 1

Looking for and hoping for a sign of spring?

Do you remember what green looks like?

What water sounds like?

What fresh air feels like?

Feng Shui is an ancient eastern practice of balancing circulation and the flow of energy through your living and working environments. Put simply, Feng Shui makes a home feel good.

Join interior designer **Holly Bayer** on **Sunday, March 1 from 1-3:00 p.m.** for a time of learning, discussion and humor. We’ll talk about how to part with your clutter, i.e. where to take Great Aunt Fran’s needlepoint, who else needs a glass lamp and how good it feels to have a clear space!

Sign up at the Welcome Center.

St. Barnabas Serves Fair Trade Coffee, but Discontinues Sales

St. Barnabas made a commitment nine years ago to serve fair trade coffee at all church events. Coffee is considered “fair trade” if it provides a guaranteed price to small, family farm coffee growers.

Initially, St. Barnabas purchased its coffee through Equal Exchange, which is affiliated with Lutheran World Relief. This coffee came in 12 oz. packages and members of the congregation were encouraged to purchase the coffee to use at home. Back in 2000, fair trade coffee was not widely available and St. Barnabas provided a means for people to obtain it easily.

St. Barnabas continues its commitment to fair trade coffee, but now purchases it in 2 lb.

packages from Sara Lee Food Service, which provides our coffee maker.

We have continued to purchase the Equal Exchange coffee for the past three years as a convenience for those who want to use it at home, but since fair trade coffee is now widely available at grocery stores, there is no longer a compelling reason for St. Barnabas to sell the Equal Exchange coffee.

The community is strongly urged to continue supporting fair trade coffee. Most major grocery stores in our area provide a selection of fair trade coffee. In addition, one can buy fair trade coffee directly from Equal Exchange through their website: <http://www.equalexchange.coop/>



Reflecting on the “E” Word

Pastor Chris Bellefeuille

Did you grow up in the church? Did you grow up in a community where nearly everyone belonged, at least nominally, to one of the churches in town? If so, you probably never had to develop language for sharing the Gospel among neighbors who had never heard the story behind Christmas, Easter or even All Saints’ Day.

A couple of weeks ago I had the opportunity to attend an evangelism workshop sponsored by the Mission Table of the Minneapolis Area Synod. Now, please keep reading! Evangelism is a word that makes most Lutherans uncomfortable, in spite of the fact that it is our common first name: The Evangelical Lutheran Church in America.

One of the best ways to evangelize is to invite people to come and see! That is increasingly difficult to do in our busy lives and secular world. But if we are truly people of God, we are called to be truly evangelical. Perhaps then it would be helpful to reconsider what evangelism really is.

Evangelism isn’t just knocking on doors and standing on street corners. Evangelism is about relationships. That is, getting to know the people in our neighborhoods, schools, clubs and workplaces. Once we know who we live with, we can begin building relationships based on things we share in common: life experience, values, vocation, avocation, family structure. Even something like being a life-long

Minnesotan versus a transplant is an important and valuable place to start. Then within the trust and safety of relationship, we can tell people what a difference it has made in our life to be Christian. That is what people want to know: Why would I come to your church? What difference has it made in your life? What difference would it make in mine?

If this seems impossibly daunting, you are not alone. We all hesitate to reach out in faith largely because as Lutheran Christians we still haven’t learned how to speak the language of faith with each other, much less with those outside the congregation. So that is what we are going to do at St. Barnabas in the next few weeks — practice speaking the language of faith.

During Lent we will begin exploring the question: “What difference has it made in my life that I am a Christian?” Together we will learn within the love and safety of our congregational relationships to tell our own faith story. Then in the months to come, we will find out who is living in our mission field...that is, within a three mile radius of the church. We will learn what we have in common with our neighbors and find ways to build relationships. And we will pray. Because it is only in relationship with God that we can enter into faith conversation with others.

We look forward to learning to live up to our name!

This is what people want to know:

Why would I come to your church?

What difference has it made in your life?

What difference would it make in mine?

Lenten Mid-Week Services

Wednesdays, March 4-April 1 Noon, 5:45 & 7:00 p.m.

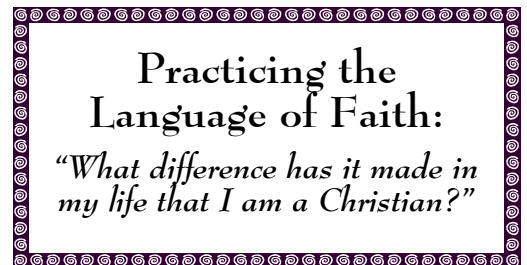
One of the “salutary” (promoting health and wholeness) purposes of the season of Lent is to nurture our faith — to cultivate and fertilize it so it will continue to grow.

It is for this reason that many congregations offer extra worship services each week in Lent, giving people the opportunity to expand their horizons and grow their faith.

The St. Barnabas community will have three worship opportunities each Wednesday in Lent, March 4-April 1.

A noon worship service will be a brief (20 minutes), simple service of a hymn, prayers, and the reading of a section of the Passion History. The Passion History is a consolidation of all four gospel accounts of Jesus’ arrest, trial, and crucifixion. A simple meal of soup and bread will be served after the service each week.

On Wednesday evenings, the beautiful contemplative service of Holden Evening Prayer will be offered at 5:45 and 7:00, with a soup supper served from 6-6:45. The services are identical.



The theme of the evening services is “Practicing the Language of Faith: What difference has it made in my life that I am a Christian?”

Each week, a member of St. Barnabas will share their answer to that question. By listening to and encouraging one another, it is hoped that each member of St. Barnabas will do a little thinking about how they would answer that question themselves. As with any other language, we can not become fluent in the language of faith unless we practice.

Soup Chefs Sought for Lent

St. Barnabas will continue its tradition of offering soup suppers on Lenten Wednesday evenings. Volunteers are needed to 1) prepare the soup and 2) serve and clean up. If you would be willing to help with this important ministry, please sign up at the Welcome Center or send an e-mail to Julie Hoyme.

St. Barnabas Center for the Arts Receives \$5,900 Grant

A year ago, **Glenna Whitmill** put in a lot of time and effort filling out a grant proposal, applying to the Metropolitan Regional Arts Council for funds that the St. Barnabas Center of the Arts could use to better bring its music outreach to the community. Specifically, the proposal was to get a portable sound system — that could be used in the Ministry Center, the Sanctuary, or even outdoors — for the Jazz@St. Barney's series, Poetry Smackdowns, etc.

Lo and behold, we have received word that Glenna's efforts have borne fruit and the Metropolitan Regional Arts Council has approved a grant for the SBCA in the amount of \$5,921. Hallelujah!

The way this grant works, the SBCA is required to come up with \$1,500 (about 20% of the total) and the grant supplies the remaining 80%.

Over the next few months, the SBCA will come up with a strategy for raising that \$1,500 (perhaps a benefit concert) **OR** if there is someone who shares the SBCA vision of cultivating God's gift of music in the community who would like to make a special gift for part or all of the \$1,500, it would be most gratefully received. ☺ For more information, contact Pastor Wayne or Jeff Whitmill.

These funds are provided by the metropolitan Regional Arts Council through a grant from the McKnight Foundation and an appropriation by the Minnesota Legislature.

The MRAC suggests that letters of thanks be sent to our legislators, State Senator Terri Bonoff and Representative Sarah Anderson (addresses in sidebar), letting them know that state arts funds are being used at St. Barnabas to benefit the surrounding community through our public concert series.

Letters of thanks for this grant may be sent to:

Senator Terri Bonoff
75 Rev. Dr. MLK Jr. Blvd.
325 Capitol Bldg.
St. Paul, MN 55155

Rep. Sarah Anderson
75 Rev. Dr. MLK Jr. Blvd.
217 State Office Bldg.
St. Paul, MN 55155

March SBCA Events *Lunchtime Organ Recital Series*

Thursday, March 12, 12:30 p.m.

Artist: **Jim Hild, All Saints Lutheran Church, Minnetonka**

It is a special thrill to have Jim back again this year as he has a special relationship with St. Barnabas. In 2000 he served as the consultant to the St. Barnabas Organ Committee that selected the Nordlie Organ Co. to design and build our organ.

The St. Barnabas Center for the Arts Organ Recital Series offers lunch time concerts on the second Thursday of each month, from 12:30-1:00. A simple lunch is served prior to each recital from 11:30-12:15. Please RSVP for the lunch, 763-553-1239.

Jazz@StBarney's

Saturday, March 21, 7:00 p.m.

Westside Trombone Quartet (Matt James, Chris Fulton, Lee Dummer, Dave Dahlgren)

The WTQ has been playing together since 2003 and you'll be amazed at the variety and quality of their work, from classical to big band to jazz to spirituals — maybe they'll even through in their beautiful arrangement of Londonderry Air since it will only be a few days after St. Patrick's Day. You can a taste of their sweet sound at their website: www.westsidetrombones.com

Admission is \$10 for adults, \$5 for students. Free popcorn, coffee and lemonade will be provided; soft drinks will be available for 50 cents.



**"To See the Earth as it
Truly Is..."**
An exhibition of spectacular
prints from NASA
is on display in the
Gardenview Gallery.

March "Gift of Love" for Minnesota FoodShare

Interfaith Outreach and Community Partners, our local food shelf, reports a 28% increase usage of their food shelf in 2009 over the comparable month in 2008. That shows the impact of our current economic times is also local.

Minnesota FoodShare coordinates an annual campaign each year during the month of March, involving over 4,000 congregations, businesses, civic groups and schools who raise food and cash donations for food shelves across the state of Minnesota.

At St. Barnabas, all donations go directly to Interfaith Outreach and Community Partners.

You can contribute to Minnesota FoodShare in one of two ways:

- 1) by making a financial gift through our "Gift of Love" offering or
- 2) by bringing non-perishable food items to the food cart in our narthex. Protein items like canned tuna, salmon, and chicken are appreciated as well as complete meals.

St. Barnabas' goal for the "Gift of Love" is that every member give something each month. When we all give a little, it adds up to a lot!



Choir Notes

Jeff Whitmill



Lent is almost upon us, and this year the choir (or at least the choir director) has decided to give up English for the duration.

Or so it may seem, to singers and other congregants alike.

At the 7:00 service on Ash Wednesday we'll perform (in English) Ariel Quintana's stirring *Here I Am* – a setting of a challenging text from Isaiah 58. But then the choir will turn to five weeks of Russian music. We'll sing the works in Russian – Old Church Slavonic, to be more precise.

Why in Russian? It's a fair question. A musical purist might answer, "Because that's how it was written." And it's reasonable to expect that the alignment of vowels and consonants on given notes will be more indicative of the composer's desires than a translation would. Besides, translation brings with it a complex set of issues – should it be literal, or more idiomatically correct, should one maintain the rhyme scheme, should one focus on rhythm and accents, etc.

Another reason for presenting these works in Russian is simply the lack of usable translations; while I was able to dig up translations of the texts, none of them really works for the music; they're just good to give us an idea of what the song is about.

Finally, there's the role of music in worship. In Lutheran services, the music by and large serves the word; melodies and harmonies are vehicles for language. The message is embodied in the text – supported, usually, by the music, but it's the text which draws our focus.

In the Orthodox tradition, texts are hardly unimportant – but the aesthetic of the music plays a somewhat different role from what we demand in Lutheran worship music. The Russian musical gestures are expansive, the harmonic progressions slow, the melodies passionate. There are frequent *rubati* (small variations in tempo). The goal is to bring the listener emotionally into the text via the music. Even for people who speak the language, the force of the music is paramount.

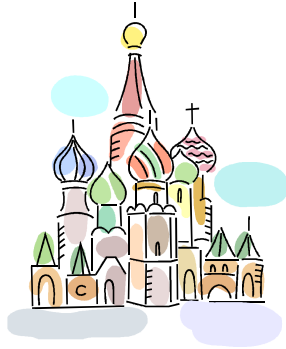
Also peculiar to Russian sacred music is the prominence of the bass section. You'll notice them handling more melodic statements and providing a deeper, darker timbre to the music than is generally the case with our usual fare.

And there are almost always two bass parts. The basses are the key to singing Russian choral music – they're the musical focus of much of the work. And they sing really, really LOW!

The choir will present three pieces over the five weeks leading up to Palm/Passion Sunday. *Now the Powers of Heaven*, by Grigory Lvovsky, will come first. It's a communion hymn with four verses, each arranged a little differently from the others. The second verse, which consists of the single line, *se bo fhódit Tsar slávi* ("Lo, the King of Glory enters") builds to a tremendous sound on the word *Tsar* ("King"). The last verse is an *alleluia*, which ends – appropriately enough for Lent – very quietly.

The next piece will be a dramatic and beautiful work by Alexandre Gretchaninoff called *Thou, Who Clothest Thyself with Light*, a chant-like piece commemorating the removal of Christ from the Cross. It contains the poignant line, *Káko pogrebú Tia, Bózhe moy?* ("How shall I bury Thee, O my God?"), but concludes with the grand shout, *Ghóspodi, sláva Tebé!* ("O Lord, glory to Thee!") Changing textures and inconstant meter keep the piece moving forward, but it's the sheer beauty of the writing that's striking. You can lose yourself in this piece; it's one of the most beautiful works we'll do all year.

Lastly, we'll reprise Aleksei Lvov's marvelous *Of Thy Mystical Supper*, another communion hymn with pointed references to the scenes in Gethsemane and on Golgotha. This is one of the best-known Russian sacred works, and it's no accident, nor is it the work of a good agent; it's just that magnificent a work. It rises to powerful *crescendi*, then concludes with an almost whispered *alleluia*.



News & Notes

- We rejoice with **Kiersten Severtson** on the birth of a daughter, **Kaliya Lynne**, on January 15. Kaliya checked in at 8 lb. 2 oz. and is already the apple of Grandpa Jeff and Grandma Janet's eye.
- We are sorry to hear that **Jan Cerny** slipped on ice on her driveway and broke her ankle.
- **Kirsten Hoyme** has been accepted into the Dental School at the University of Minnesota for the fall semester.
- **Bryan Miller & Natalie Forseth** have announced their engagement.
- **Ben Peterson** has been hired by the Minnesota Twins as an assistant strength and conditioning coach. Ben will spend April-August in Beloit, Wisconsin, working with the Twins Class A minor league team, the Beloit Snappers. He leaves for spring training in Ft. Myers at the end of March.
- **Ken Hoyme** may now add the letters CSEP after his name, which stand for Certified Systems Engineering Professional. You'll have to ask him to explain what that means, but the short story is that he is one of the top engineering geeks in Minnesota.

Education Ministry Dates

No Lighthouse Confirmation
Wednesday, March 25

No Good Shepherd School
Saturday, March 28

Luther Park Day Camp & Vacation Bible School
July 13-16

St. Barnabas Week at Luther Park
Grades 3-8
August 2-7

West Suburban Grief Coalition

Regular weekly meetings of the West Suburban Grief Coalition are currently held at St. Bartholomew Catholic Church, 630 E. Wayzata Blvd, 952-473-6601.

Meetings are held each Thursday with a social time from 4-4:30 p.m., speaker from 4:30-5:00 and break-out session from 5-6:00.

Individuals may join the group at any time by simply by coming to a meeting.

The schedule for the next weeks is:

- March 5 Christine Ducharme
- March 12 "Having A Place"
- March 19 "Going Back to Familiar Places"
- March 26 "Spouse & Child Death"
- April 2 "Coping with Grief"

Youth & Family Ministry News

Dennis Manson



Dudes' Night Out - Feb. 27

Calling all testosterone-driven middle school and high school guys...Mark February 27/28 from 7:00 p.m. thru 7:00 a.m. on your calendar for a totally awesome dudes-only lock-in!

The evening will be filled with games, video games, bowling or Coon Rapids Grand Slam (off site) and, of course, it will be filled with food, movies, snacks, sleep (?) and more.

Cost: \$25 Register by contacting Dennis at dmanson@stbarnabaslutheran.org

*** Looking for adult males to help with driving & being a role model. Please contact Dennis Manson, 763.553.1239.

Navigator Service Events - March 4

Part of the Navigator Confirmation experience is participating in Service Events, cultivating the mindset that service to others is a normal part of the Christian lifestyle.

Each Navigator small group will take part in a Service Event on Wednesday, March 4. **Please note that the times vary for each group.**

6th Grade Teig/Harless

Pastor Paul's Mission: Participants will work together to pack grocery bags from bulk donated items.

- Departure Time: 5:30 pm
- Service Time: 5:45-8:00 pm
- Return Time: 8:30

6th Grade Swedenberg/Cossette

Adopt-A-Highway

Group will work together to pick up trash on Northwest Blvd from Hwy 55 to Rockford Road (both sides). Bags and vests will be provided. Participants should bring their own gloves!

Date and Time: TBD

6th Grade Boys

Crystal Care Center: Group will tour residential home, play Bingo with the residents.

- Departure Time: 6:00 pm
- Service Time: 6:30-8:00 pm
- Return Time: 8:30

7th Grade Girls

Hammer Residence: Group will tour home and interact with mentally handicapped individuals.

- Departure Time: 6:00 pm
- Service Time: 6:30-8:00 pm
- Return Time: 8:30

7th Grade Boys

Campus Kitchen at Augsburg College
Group will be preparing meals at the college cafeteria that will go to various Meal on Wheels and local shelters.

- Departure Time: 6:00 pm
- Service Time: 6:30-8:00 pm
- Return Time: 8:30

8th Grade

Global Health Ministries: Sort, pack and inventory donated supplies

- Departure Time: 5:30 pm
- Service Time: 6:00-7:30 pm
- Return Time: 8:00

Youth Mission Trip Auction & Dinner

There will be a Silent Auction and Dinner on **Sunday, March 15** to help raise funds for the summer mission trip to Bayou La Batre, Alabama. The youth will be spending two days working with kids' programs in the community and two days painting houses.

The youth would greatly appreciate if you or an organization you belong to would be willing to donate an item or two for the Auction. Donation forms can be picked up from the display table next to the Welcome Center and returned to Dennis after they are completed. Also, you might ask a neighbor (non-member) if they have a special service or item that they might donate to support our youth ministry.

Mission Trip Update

It is still possible to register for the mission trip to Bayou La Batre, Alabama, June 18-29. Come to the planning event this Sunday, February 22, at 6:30 p.m. or contact Dennis Manson.

March Baptismal Anniversaries

- | | |
|----------------------------|-----------------------|
| 1 Carolyn Torp | 20 Rachel Struckmeyer |
| 6 Richard Edlund | 21 Jerome Zell |
| Robert Weaver | 23 Darin Troftgruben |
| 7 Scott Werley | 24 Stephanie Pool |
| 8 Dick Meyer | 26 Douglas McGowan |
| Dwight Neville | Lisa Umland |
| Ian Neville | Sarah Umland |
| Nicholas Neville | 27 Morgan Coffman |
| Steve Oelfke | Beverly Drazul |
| 9 Barry Bergh | David Sather |
| Kenneth Hoyme | Carolyn Suttor |
| 10 Megan Donnell | 28 Grace Reynolds |
| Kami Miskiw | Kathryn Titus |
| 11 Roy Gummeson | Barbara Zell |
| Laurie Hackl | 29 Caralin Walsh |
| Sonja Oelfke | Robert Walsh |
| 12 Janice Andersen | Brian Welshons |
| 13 Wayne Peterson | 30 Anna Johnson |
| 15 Shelly Davis | Adele Lillie |
| 18 Tyler Carter | Madeline Linder |
| Joel Porter | Vidal Vasquez |
| 19 Lindsey Orke | 31 Emily Lindberg |
| 20 Julie Anderson-Simonson | Alexis Oelfke |

March Birthdays

- | | | |
|----------------------|----------------------|---------------------|
| 1 Brenda Pearcy | 11 Kenneth Root | 23 Bill Rohland |
| Sarah Kate Pierre | Scott Tjaden | 24 Twyla Bergh |
| 2 Ian Novak | 12 Jeffrey Severtson | Matthew Cossette |
| Gretchen Struckmeyer | 13 Lorel Anderson | Kaitlyn Eilderts |
| 3 Cindy Dogan | Marsha Gronneberg | Samuel Olson |
| Carolyn Suttor | Jared Sather | Martha Wells |
| Brady Tjaden | Lynn Walters | 25 Marilyn Arndt |
| 4 Fern Clauson | 14 Brian Wade | Jean Berg |
| George Lytwyn | 16 Michael Fritz | 26 Lisa Oelfke |
| Alexis Oelfke | Dane Jacobson | Julie Snell |
| 5 Kathy Burkett | Kaitlyn Peterson | 27 Greta Sommerfeld |
| Douglas Forsyth | Sue Spencer | Sandy Williams |
| 6 Laura Silbaugh | 17 Emily Lindberg | 28 Clark Sanders |
| 7 Darryn McGarvey | Kim Regensburger | Myron Werley |
| 8 Laurie Hackl | Caleb Stephens | 30 Michael Umland |
| Susan Hagen | 18 Maggie Harless | 31 Steven Alexander |
| Abby Silbaugh | Brady Lillie | Elias Hoff |
| 9 Roger Lillemo | 19 Skyler Gustavson | Jay Koepsell |
| Adele Lillie | 22 William Boarder | Paige Malchow |
| Abigail Reynolds | Donald Johnson | Rose Umland |
| 11 Roy Gummeson | 23 Jonathan Fritz | |

ST. BARNABAS LUTHERAN CHURCH

15600 Old Rockford Road
Plymouth, MN 55446

Phone: 763-553-1239
Fax: 763-553-7839
Website: www.stbarnabaslutheran.org

Ministry Team

Wayne Peterson, Pastor
Chris Bellefeuille, Pastor
David Helgen, Hospitality Pastor
Rose Umland, Lay Minister to Children & Family
Dennis Manson, Lay Minister to Youth & Family
Barry Bergh, Lay Minister for Hospitality
Julie Hoyme, Parish Assistant
Mary Newton, Organist
Jeff Whitmill, SB Center for the Arts



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ST. BARNABAS IDENTITY STATEMENT

St. Barnabas Lutheran Church is a part of the Body of Christ and a member congregation of the Evangelical Lutheran Church in America. The source of our life together is the Word and Sacraments, celebrated in our worship.

We name ourselves after St. Barnabas, a New Testament apostle. He was called "Barnabas", meaning "son of encouragement", because he joyfully shared the "good news" of our Savior, Jesus Christ. He faithfully supported the work of the Church with his talents, prayers, and offerings.

MISSION STATEMENT

Sent by Jesus, we set our sails to be filled by God's Spirit, inspiring us to praise, grow and serve.

Barney's Blarney

A pastor decided that a visual demonstration would add emphasis to his Sunday sermon. Four worms were placed into four separate jars:

- The first worm was put into a container of alcohol. The second worm was put into a container of cigarette smoke.
- The third worm was put into a container of chocolate syrup.
- The fourth worm was put into a container of good clean soil.

At the conclusion of the sermon, the pastor reported the following results:

- The first worm in alcohol - Dead.
- The second worm in cigarette smoke - Dead
- Third worm in chocolate syrup - Dead
- Fourth worm in good clean soil - Alive.

So the pastor asked the congregation "What did you learn from this demonstration?"

Maxine was sitting in the back, quickly raised her hand and said, "As long as you drink, smoke and eat chocolate, you won't have worms!"

That pretty much ended the service...

The **All Church Orchestra** plays New Orleans-style music after worship this Sunday, Feb. 22 in honor of *Mardi Gras* on Tuesday.

Worship Schedule

Sunday 9:00 & 10:30 a.m.
Saturday 5:00 p.m.

Thursday Morning Prayer
7:30 a.m.

Prayers for Healing
2nd Sundays at 7:00 p.m.

Ash Wednesday, Feb. 25
Noon, 5:30, 7:00 p.m.

Lenten Wednesdays (Mar. 4-Apr. 1)
Noon, 5:45, 7:00 p.m.



Crosswinds is adding an e-newsletter version that will be sent out every Thursday. **If you have an e-mail address, we would like to send it to you.** Visitors and friends of the congregation are encouraged to sign up for it. **See the instructions in the article on page 1.**