



# Crosswinds +

## Annual Meeting - Sunday, Jan. 25

The Annual Meeting of the congregation will be held at 12:15 on Sunday, January 25 in the sanctuary. The meeting will be a celebration of the ministries in which St. Barnabas took part in 2008.

The agenda will include the usual items which need the congregation's attention at an annual meeting — electing members of the Church Council and approving the 2009 budget.

Staff and financial reports are included in the Annual Report. Copies of the Annual

Report are available for every household and may be picked up in the narthex.

The Nominating Committee has nominated the following to serve 3-year terms on the Council:

- |                            |                       |
|----------------------------|-----------------------|
| <b>Finance</b>             | <b>Mark Fandrich</b>  |
| <b>Stewardship</b>         | <b>Susan Hagen</b>    |
| <b>Worship &amp; Music</b> | <b>Kevin Haugstad</b> |

### Lunch Begins at 11:00

For those who wish to eat first, a simple

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### SAIL "Starting" Class Offered Sunday Mornings

SAIL is a 4-part discipleship series for the adults of St. Barnabas. The series is based on the premise that "growing congregations are comprised of growing individuals." Our goal is not to simply "make members" for St. Barnabas, but to "make disciples" of Jesus Christ. Each of the four segments is a 4-hour experience to help us grow in our faith.

The first segment, *Starting*, is a refresher class for current members of St. Barnabas as well as introduction for people considering membership at St. Barnabas. The pastors give an overview of the Bible, discuss our worship practices, and lead a study of St. Barnabas' mission statement.

*Starting* will be offered in three parts on **Sundays, February 1, 8, & 15**, all at **9:00 a.m.** in the Gardenview Room. Child care is available.

St. Barnabas will receive new members on Sunday, February 22. Those who are considering becoming members of St. Barnabas are invited to attend this *Starting* class.

For more information, contact Pastor Chris



- ◆ **STARTING**
- ◆ **ASPIRING**
- ◆ **I'VE BEEN BLESSED**
- ◆ **LEADING THRU SERVICE**

### D&G Concludes "The Centered Life", Looks Globally in February

Discovery & Growth is an adult education opportunity that meets most Sunday mornings from 10:30-11:30 in the Gardenview Room.



People are encouraged to worship at 9:00, enjoy fellowship with others in the Ministry Center from 10-10:30, and then get in the habit of making D&G part of their Sunday morning routine.

On January 25, D&G will conclude a 4-part series by Jack Fortin on *The Centered Life*. The theme of this final session is "Finding Nurture and Support for Living Out Your Callings." It is not necessary to have attended previous sessions to benefit from this one.

In February, D&G will feature members of St. Barnabas who have done "mission-centered" travel in recent months.

**Feb. 1 Kathy Burkett & Cindy Dogan** were part of a 7-person team that traveled to Israel and the West Bank the week after Christmas, speaking with Israeli Jews, Palestinian Christians, and Palestinian Muslims. They will share their experiences and observations.

**Feb. 8 Ann & Andy Dybvig** will show pictures and tell more about their November trip to Nigeria and St.

### Church Begins at Home

Enclosed is a resource for personal/family devotions for the next four weeks. Pull the insert out to keep on your kitchen table, night stand, or wherever it will best be available to you.

## Ongoing groups:

### Alcoholics Anonymous

Every Thursday, 7:30 p.m. in the Fireside Room. For more information, contact **Ross Patton** (612-418-1243) or **Brenda Pearcy** (763-550-1759). Free brochures and books that can be purchased are available in the Fireside Room.

### "Barney's Boys"

Men's study and fellowship group meets every other Saturday from 8-9:30 a.m. at Panera, Hwy 55 & County Road 24. Next meeting is Jan. 31. They are currently discussing the book, *Wild at Heart* by John Eldridge. For more information contact **Jeff Carter**, 763-577-1507, or [slrams@comcast.net](mailto:slrams@comcast.net).

### Pastor's Class

Pastor Wayne leads a study each Tuesday morning from 9:15-10:30. New participants are welcome at any time. The group is currently studying the readings for the upcoming Sunday.

### JustWomen

Pastor Chris leads these Bible studies. Two options are offered and both begin a new study called "Bible: Book of Faith" this month:

- Thursday Mornings, 9:30-11 a.m.
- 1st & 3rd Tuesday evenings, 7-8:30 p.m.

### Knitters & Crocheters

The groups meets the 4th Wednesdays at 9:30 a.m. The next meeting will be Wednesday, January 28. Work on your own project. All skill levels are welcome. For more information, contact **Mary Pestel** 763-559-9138.

### Quilters

First Friday of each month at 9:30 a.m. Next meeting February 6. All skill levels are welcome. **Audrey Johnson** 763-559-4459.

### Soup N' Bread

Soup N' Bread is a monthly lunch gathering of those "55 & better" on the 3rd Friday of the month. The next gathering will be Friday, February 20, at noon.

## Luther Park Night, February 4

It is already time to start making plans for going to Luther Park this summer!

Luther Park is a camp near Danbury, Wis. that St. Barnabas children and youth have been going to for the past twenty years.

Joel Legred, executive director of Luther Park, will be here on Wednesday, Feb. 4 to talk with the **Lighthouse Confirmation** children at 5:20 p.m. and with the **Navigator Confirmation** students at 6:00 p.m.

Parents are invited to come and hear the presentation.

Full information about Luther Park's facilities and schedule — including online registration — can be found at [www.lutherpark.com](http://www.lutherpark.com).

## Baking for Coffee Hour

We are looking for folks who are willing to spend just a little time at church preparing for Coffee Hour. The supplies are provided — we simply need your time and talent. If you have never worked in this kitchen before, you are in for a treat. The big ovens and many cookie sheets make baking double batches of cookies or muffins a quick job. Sign up at the Coffee Table if you are willing to bake. If you have questions about using the kitchen, please



The best advertising for the Center for the Arts is "word of mouth."

Mention to your neighbors and co-workers that St. Barnabas has this great arts ministry.

## Book Discussion Group

The Book Discussion group gets together on the third Thursday evening of each month of the school year and once during the summer to discuss a novel. New participants (both women and men) are always welcome. One can come on a regular basis or just for a single time. Just contact the host for the evening to let them know you are coming.

February 19

*Jane Eyre* by Charlotte Brontë

Host: Laurie Sanderson, 763-773-8384

March 19

*The Brief Wonder Life of Oscar Wao* by Junot Díaz

## February SBCA Events

### InMotion Dance Series

Saturday, February 7, 7:00 p.m.

Dance comes to St. Barnabas Center for the Arts in the form of a new series, *InMotion*, which will feature the artistry of professional dance companies in the Twin Cities area. The new series leaps onto the stage with performances by **Kinetic Evolutions** and the **Christopher Watson Dance Company**. Admission is \$10 for adults, \$5 for students. Tickets will be available at the door.

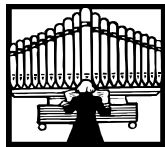


### Lunchtime Organ Recital Series

Thursday, February 12, 12:30 p.m.

Artist: **John Salvesson, Mount Carmel Lutheran Church, Minneapolis**

The St. Barnabas Center for the Arts Organ Recital Series offers lunch time concerts on the second Thursday of each month, from 12:30-1:00. A simple lunch is served prior to each recital from 11:30-12:15. Please RSVP for the lunch, 763-553-1239.



### Jazz@StBarney's

Saturday, February 21, 7:00 p.m.

Joan Griffith & Laura Caviani

Two giants of the local scene - guitarist and pianist, both gifted composers as well - get together for an unforgettable evening of intimate jazz.

Admission is \$10 for adults, \$5 for students.

Free popcorn, coffee and lemonade will be provided; soft drinks will be available for 50 cents.





# Youth & Family Ministry News



Dennis Manson

## Navigator Confirmation: "J-Term"

This four-week January series meets on Wednesdays from 6:00-7:30 p.m. for 6th-8th graders and their parents.

This year the theme is "How to Stay Sane in a Crazy World" The final session on January 28 will focus on depression and how to discern if someone is experiencing the normal challenges of adolescence or experiencing the illness of depression.

The evening begins promptly at 6:00 p.m. with a speaker, followed by a brief question and answer session. Then each parent-child group will have some time together to discuss what they have heard. We close with "Why this matters to God."

**These are required sessions for the Navigators and one or both parents.**

## Sr. High House Group & ReVamp on Sunday Evenings

Dennis Manson hosts two activities for Sr. High on Sunday evening and students are welcome to come to one or both each week.

A **House Group** meets from 6:30-7:15. It is a small intentional community that exists to equip, support, and connect students together and their journey of faith. It includes dBible Study, Announcements, Highs and Lows, Prayer, and Group Building.

**ReVamp** then meets from 7:15-8:30. We gather to play games (some can be very

messy) & worship. We would love to have you join us; feel free to bring a friend along, too. For more information contact, Dennis Manson at 763.553.1239 dmanson@stbarnabaslutheran.org.

## Mission Trip 2009...

It is still possible to register for the mission trip to Bayou La Batre, Alabama, June 18-29. Pick up a folder in the Youth Lounge or download a registration form online!

## Youth Fundraisers...

### FOOD PERSPECTIVES

Members of St. Barnabas can support our youth ministry program by volunteering to take food taste tests with Food Perspectives, a product testing company in Plymouth. The volunteer receives a check and so does St. Barnabas! If interested, sign up at the Welcome Table and Dennis will contact you with more information.

### AUCTION AND DINNER

There will be a Silent Auction and Dinner on **Sunday, March 15** to help raise funds for the summer mission trip to Bayou La Batre. The youth would greatly appreciate if you or an organization you belong to would be willing to donate an item or two for the Auction.

Donation forms can be picked up from the display table at the Welcome Center and returned to Dennis after they are completed.



## PRAYER CHAIN

David Helgen  
763-551-7331

Carol Dennis  
763-559-7852



**Check out the St. Barnabas web site**  
[www.stbarnabaslutheran.org](http://www.stbarnabaslutheran.org)

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## February Baptismal Anniversaries

- |                       |                     |
|-----------------------|---------------------|
| 1 Katherine Koepsell  | 16 Ryan Burnett     |
| Alea Lowry            | 17 Kasey Bacso      |
| Kayla Lowry           | Kim Jacobson        |
| Logan Lowry           | Madison Vickers     |
| 3 Conor Farley        | 18 Nicholas Hackl   |
| Tess Guttormsson      | 19 Laura Morrison   |
| 4 Parker Johnson      | William Nafstad     |
| Josh King             | 20 Joseph Johnson   |
| Michael Loop          | 21 Ragnhild Oelke   |
| Lilly Regensburger    | Dwight Tangren      |
| 5 Brita Gilyard       | 22 Taylor Harless   |
| 6 Tracy Porter        | Harrison Lillie     |
| 8 Sarah Eilderts      | Megan Nelson        |
| 9 Tim Sommerfeld      | 23 Robert Bjornlund |
| 10 Matthew Roeber     | Jill Snyder         |
| 11 Elizabeth Martinez | 24 Dennis Manson    |
| 12 Alissa Gambrel     | 25 Elizabeth Orke   |
| Barb Meyer            | Nic Struckmeyer     |
| 13 Jack Schulz        | 26 Thomas Bjorgum   |
| 14 Ashley Nelson      | Michael Hoffstrom   |
| Karl Smith            | 28 Ann Dryer        |
| 15 Sandy Anderson     | Sean Wade           |
| David Burke           | Kevin Welshons      |

## February Birthdays

- |                           |                       |                      |
|---------------------------|-----------------------|----------------------|
| 1 Ralph Green             | 11 Grace Reynolds     | 21 Matthew Phillips  |
| Laura Morrison            | 12 Tom Endorf         | 22 Jennifer Lindberg |
| Ian Neville               | 14 Traci Ortega       | 23 Lars Gilyard      |
| David Sather              | 15 Sandy Anderson     | Margaret Olson       |
| Rachel Struckmeyer        | Tammy Anderson        | David Reynolds       |
| 2 Ann Harless             | Genevieve DesBles     | Jacqueline Strunk    |
| Warren Hawkins            | Quinn Farley          | Christina            |
| 3 Janet Burmeister        | 16 Sally Lundeen-Hoff | Troftgruben          |
| Dean Lillie               | Riley McGowan         | 24 Bridget Mackin    |
| Carolyn Torp              | Sarah Turnquist       | 25 Charles Nermyr    |
| 6 Julie Anderson-Simonson | 17 Thomas Houghland   | 26 Ann Dryer         |
| Jean Humphries            | Kirsten Hoyme         | Kristin Johnson      |
| 8 David Burke             | 18 Sarah Sponholz     | Louise Kramer        |
| Sarah Carter              | Jessica Snell         | Darin Troftgruben    |
| Thomas Johnson            | 20 Melinda Boone      | 27 Michele Burnett   |
| Elizabeth Nafstad         | Amanda Buell          | Megan Lykkehoy       |
| 9 Kimberly Nermyr         | Matthew Carlson       | Meredith Smith       |
| Patrick Whelan            | Karen Collyard        | Andrew Wagner        |
| 11 Clara Hebeisen         | Randy Johnson         | 28 Kelly Hiserodt    |
| Patricia Phillips         | Steve Oelfke          | Tim Sommerfeld       |
|                           | 21 Jill Nafstad       |                      |

# ST. BARNABAS LUTHERAN CHURCH

15600 Old Rockford Road  
Plymouth, MN 55446

Phone: 763-553-1239  
Fax: 763-553-7839  
Website: [www.stbarnabaslutheran.org](http://www.stbarnabaslutheran.org)

## Ministry Team

Wayne Peterson, Pastor  
Chris Bellefeuille, Pastor  
David Helgen, Hospitality Pastor  
Rose Umland, Lay Minister to Children & Family  
Dennis Manson, Lay Minister to Youth & Family  
Barry Bergh, Lay Minister for Hospitality  
Julie Hoyme, Parish Assistant  
Mary Newton, Organist  
Jeff Whitmill, SB Center for the Arts



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## ST. BARNABAS IDENTITY STATEMENT

*St. Barnabas Lutheran Church is a part of the Body of Christ and a member congregation of the Evangelical Lutheran Church in America. The source of our life together is the Word and Sacraments, celebrated in our worship. We name ourselves after St. Barnabas, a New Testament apostle. He was called "Barnabas", meaning "son of encouragement", because he joyfully shared the "good news" of our Savior, Jesus Christ. He faithfully supported the work of the Church with his talents, prayers, and offerings.*

## MISSION STATEMENT

*Sent by Jesus, we set our sails to be filled by God's Spirit, inspiring us to*

## Barney's Blarney

	Hymns for...
Dentists	Crown Him with Many Crowns
Meteorologists	There Shall Be Showers of Blessing
Contractors	The Church's One Foundation
Golfers	There Is a Green Hill Far Away
Politicians	Standing on the Promises
Optometrist	Open My Eyes That I Might See
IRS Agents	I Surrender All
Gossips	Pass It On
Electricians	Send the Light
Shoppers	Sweet By and By
Realtors	I've got a Mansion, Just Over the Hilltop
Massage Therapists	He Touched Me

## Service of Prayer for Healing Sunday, February 8, 7:00 p.m.

St. Barnabas offers a monthly *Service of Prayer for Healing*. The service is generally on the second Sunday of each month from 7:00-7:45 p.m. The service is simple: gathering, listening, praying, and (for those who desire it) laying on of hands. Everyone is welcome. Come seeking prayers for yourself or to intercede on behalf of a family member or friend.



## Counseling Office is Back at St. Barnabas

St. Barnabas provides a counseling center for members of the congregation. **Ray Davey**, Marriage and Family Therapist, is available to meet with individuals of all ages, couples, and families. Appointments can be arranged for various times through the week. Fees are on a sliding scale.

If you want to learn more, you can reach

**An exhibition of abstract paintings by Willmar artist Robert Pritchett is on display in the Gardenview Gallery.**

## Worship Schedule

**Sunday 9:00 & 10:30 a.m.  
Saturday 5:00 p.m.**

**Thursday Morning Prayer  
7:30 a.m.**

**Prayers for Healing  
2nd Sundays at 7:00 p.m.**