



Crosswinds

Vol. 24, No. 3

February 6, 2008

Water in the Wilderness: God's Sustaining Grace

Lenten Mid-Week Services

Wednesdays, February 13-March 12 Noon, 5:45 & 7:00 p.m.

One of the “salutary” (promoting health and wholeness) purposes of the season of Lent is to nurture our faith — to cultivate and fertilize it so it will continue to grow.

It is for this reason that many congregations offer extra worship serviced each week in Lent, giving people the opportunity to expand their horizons and grow their faith.

The St. Barnabas community will have three worship opportunities each Wednesday in Lent, February 13-March 12.

A noon worship service will be a brief (20 minutes), simple service of a hymn, prayers, and the reading of a section of the Passion History. The Passion History is a consolidation of all four gospel accounts of Jesus’ arrest, trial, and crucifixion. A simple meal of soup and bread will be served after the service each week.

On Wednesday evenings, the beautiful contemplative service of Holden Evening Prayer will be offered at 5:45 and 7:00, with a soup supper served from 6-6:45. The services are identical.

The theme of the evening services is “Water in the Wilderness: God’s Sustaining Grace.”

On our life journeys, we inevitably hit bumps that bruise our souls — dry times with nothing to quench our thirst. God’s people have consistently found that even in these “wilderness experiences”, God provides the means to sustain us — just as God sustained Moses and the people of Israel with water and manna (just enough to get by from day to day) for forty years as they journeyed in the wilderness before reaching the Promised Land.

Five members of the St. Barnabas community will share a “wilderness experience” they have encountered and reflect on how God was present for them during that time.

Feb. 13	Jann Patton	Eating Disorder
Feb. 20	Ann Harless	Spouse’s Cancer
Feb. 27	Scott Gilyard	Leukemia
Mar. 5	Keri Manson	Infertility
Mar. 12	Bob Murphey	Teenager Trials

D&G

Discovery & Growth is an adult education opportunity that meets most Sunday mornings from 10:30-11:30 in the Gardenview Room.

The month of February will focus on PRAYER as we begin the Lenten season of the church year. In the DVD entitled, “*The Four Acts of Prayer*”, Pastor Walter Wangerin, Jr. explains, “Certainly, prayer is so simple an act that a child can pray. But as this course notes, adults must grow in prayer so that we become more in tune with the prayer that God will bring from our hearts.”

A segment of Wangerin’s DVD will be viewed each week. Julie Anderson-Simonson will then lead

the participants in discussions centered on each act of prayer.

Feb 10:

The First Act of Prayer - We Speak: Praying the Prayers of Others, and Praying our Own Prayers.
The Second Act of Prayer - God Listens

Feb. 17:

The Third Act of Prayer - God Speaks: God Speaks Your Name; The Words God Uses; and The Ways God Speaks.

Feb 24:

The Fourth Act of Prayer - We Listen: The Pieties, and Emptiness Before God.

Ongoing groups:

Alcoholics Anonymous

Every Thursday, 7:30 p.m. in the Fireside Room. For more information, contact **Ross Patton** (763-544-3617) or **Dan Johnson** (763-537-9588).

"Barney's Boys"

Men's study and fellowship group meets every other Saturday from 8-9:30 a.m. at Panera, Hwy 55 & County Road 24. Next meetings are Feb. 16 and Mar. 1. For more information contact **Bob Murphey** at 763-475-2397 or bjmurphey@comcast.net.

Pastor's Class

Pastor Wayne leads a study each Tuesday morning from 9:15-10:30. **The group will start a study of Paul's letter to the Colossians on Feb. 12.** New participants are welcome at any time. Contact Pastor Wayne for more information.

JustWomen

Pastor Chris leads a study of the Gospel of John.

- Thursday mornings from 9:30-11:00. Free child care available.
- the 1st and 3rd Tuesday evening of each month from 7-8:30 p.m.

Knitters & Crocheters

Work on your own project. All skill levels are welcome. They meet the 4th Wednesdays at 9:30 a.m. Next meeting Feb. 27. For more information, contact **Mary Pestel** 763-559-9138.

Quilters

First Friday of each month at 9:30 a.m. Next meeting March 7. All skill levels are welcome. For more information, call **Audrey Johnson** 763-559-4459.

Soup N Bread

The 55 and Better group meets the third Friday of each month for a lunch at church. Next meeting is February 15.

Book Discussion Group

The Book Discussion group gets together on the third Thursday evening of each month of the school year and once during the summer to discuss a novel. New participants (both women and men) are always welcome. One can come on a regular basis or just for a single time. Just contact the host for the evening to let her know you are coming.

February 21. -*History of Love*, by Nicole Krauss.

Host: Carolyn Mueller, 763-519-0515

For more information, call Julie Hoyme at the church office (763-553-1239).

Ministry with New and Expecting Parents

Rose Umland, Lay Minister to Children & Families, is starting a new emphasis on children birth to age 3 and their parents. This includes supporting couples anxiously awaiting the birth of a baby or the arrival of a newly adopted baby.

For expecting parents, if you'd like you and your baby to be included in regular prayer while you wait, as well as receive a special welcome and gift from the congregation when the baby arrives, please e-mail Rose (rumland@stbarnabaslutheran.org) or call and connect to her voice mailbox (763-553-1239). If you're still keeping the news "under wraps", let her know that, too, and it will be kept quiet until you're ready to share the big news!

Members of St. Barnabas Head to New Orleans

Although Hurricane Katrina hit the Gulf area more than two years ago, the devastating effects of the hurricane are still felt by many of the residents. Lutheran Social Services Disaster Response continues to be actively involved in assisting in the recovery efforts. However, there is still a great need for individuals to help with the recovery, especially with home rebuilding.

A small group of St. Barnabas members are headed down to New Orleans the week of February 16 with a group from other Minneapolis Area Synod congregations and working on home rebuilding projects through the local affiliate for Lutheran Disaster Response. The group includes **Steve & Nancy Larson, Mark & Jill Snyder, Bob & Barb Sanders, Pete & Kim Moen, Jim & Rose Ann Parks,** and **Paul & Roberta Nicholson.**

Growing Healthy Congregations Workshop This Saturday, Feb. 6

Members of St. Barnabas and three other congregations — St. Philip the Deacon, Mount Olivet, and Messiah Methodist — will take part in a Growing Healthy Congregations workshop at St. Barnabas this Saturday, Feb. 9, from 9-3:30. The workshop leader, Dr. Pat Taylor Ellison, will train the group on how to have respectful, faith-based conversations about complex questions, whether they be theological, moral, or political. If you would be interested in participating in this training, contact Pastor Chris.

Partner News

Hong, Nigeria



St. Barnabas is just beginning a partnership with Hong Lutheran Church, a congregation of the Lutheran Church of Christ in Nigeria. A group of St. Barnabas folks had an initial meeting in January to get St. Barnabas' side of the partnership underway. They will provide articles like this one every other month or so to introduce Nigeria and the Hong congregation to St. Barnabas. The following article was written by Glenna Whitmill.

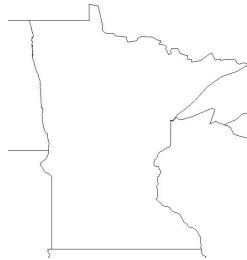
Sannu!

That is a greeting you might hear from one of the members of our companion congregation in Hong, Adamawa, Nigeria. However, such a short greeting would be uncommon. We learned from Bishop David Windibiziri when he visited with us in December, that greetings are very important. Windibiziri is a retired archbishop of the Lutheran Church of Christ in Nigeria and told us that one should spend time in greeting others, asking about family members and such. No quick "hiya" or "hey" as we sometimes say in our country.

As we begin our association with our friends in Hong, it is important for us to learn more about them and their community and to communicate with them about us and our community.

Nigeria is organized politically similar to the United States and is divided into 36 states. Hong is located in the state of Adamawa, one of the larger states in Nigeria. It is located on the mountainous eastern side of the country, bordering Cameroon. Adamawa's area is about 1/6 the area of Minnesota, while its population is about 3/4 that of Minnesota. This makes the population density greater - about 101 people per square kilometer, vs. Minnesota's 21.

Farming is the major occupation in Adamawa and provides employment for about 80% of the working population. Cash crops are cotton and groundnuts, while food crops include maize, yam, cassava, guinea corn, millet and rice. There is also some river fishing and some cattle rearing in the state. Groundnuts are



Nigeria is almost exactly the size of Minnesota, Wisconsin, Iowa, and North & South Dakota all put together. (Minnesota is shown in approximate scale.) Nigeria is the most populous country in Africa and 8th most populous in the world with almost 140 million people.

similar to peanuts and have many uses, including boiling in soup and grinding into flour for making cakes and other dishes. The vegetative parts serve as fodder after harvest.

We look forward to learning more about and from our new friends in Hong. Keep an eye on the newsletter going forward for additional information. Check out the kiosk in the Ministry Center for maps and photos and other interesting items. If you are interested in joining the task force, contact **Ann & Andy Dybvig** who are taking a leadership role in this partnership. [763-694-7546 or anndybvig@msn.com]

Soup Supper Helpers Needed

Volunteers are needed to cook the Soup Suppers for Lent this year. Help is also needed to serve and clean up. If you can take a turn helping with this important ministry, sign up at the Welcome Center.

Music Notes

Jeff Whitmill



During Lent, the Senior Choir will focus on one particular portion of the service: the Psalm. We'll be chanting the Psalms, using a variety of sources for the music.

Chants form part of many religious rituals, and diverse spiritual traditions consider chant a route to spiritual development. Some examples include chant in African and Native American cultures, Gregorian chant, Vedic (Hindu) chant, Jewish liturgical music, Qur'an reading, Baha'i chants, various Buddhist chants, mantras, and the chanting of psalms and prayers in Christian churches.

For our part, we'll sing the Psalms to, in turn, Anglican, Kiowa, Russian Imperial Chapel, Znamenny (Old Russian Orthodox) and a brand-new chant. We're using chant from different traditions to emphasize both the variety and universality of chant, but the final focus of any chant is the same: the text. Psalms are the great songs of our faith, and we hope that the message of each is given new impetus or new insight by presenting them in this way.

Over the next two weeks we'll offer Psalm 32 set to an Anglican chant by John Goss and Psalm 121 to a Kiowa chant. (The Kiowa nation is a Native American people, the majority of whom live in Oklahoma.)

Sir John Goss was an English organist and composer, probably best known for writing the music used for *Praise My Soul, the King of Heaven* (ELW #865). Among his students was Arthur Sullivan, who also composed a tune in our hymnal (*Savior, Again to Your Dear Name*, ELW #534), but who is better remembered for his operas with W.S. Gilbert.

The Kiowa chant was transcribed from a Native American performance in 1981.



The best advertising for the Center for the Arts is "word of mouth."

Mention to your neighbors and co-workers that St. Barnabas has this great new music ministry.

The Beauty of the Universe is Art Exhibit for February

Somewhere, something incredible is waiting to be known. - Carl Sagan

In the SBCA art exhibition this month, Dr. Sagan's scientific curiosity runs head-on into Franz Joseph Hadyn's paraphrase of Psalm 19: *The heavens are telling the glory of God.*

A display of 28 photographs from various spacecraft - mostly the Hubble Space Telescope, but a few others, as well - now adorns the walls of our Gardenview Gallery. The Sun, Mars, Jupiter and Saturn are there - along with expanding nebulae, colliding galaxies, scenes of incomparable beauty, unimaginable violence and a Death Star wannabe.

The images are all (legally) downloadable from the Internet. To see where most of these came from (and a whole lot more), check out http://hubblesite.org/gallery/album/entire_collection/.

Lunchtime Organ Recital Series Thursday, February 14, 2008, 12:30 p.m.

The St. Barnabas Center for the Arts Organ Recital Series offers lunch time concerts on the second Thursday of each month, from 12:30-1:00.

This month's recital features **John Schlobohm**, cantor and organist at Lutheran Church of Christ the Redeemer (Mpls.). The program will feature *Sonata for Worship* by East-coast based organist and composer, Al Fedak. With a wink toward St. Valentine, a trio of "love songs" for organ will be performed along with two chorale improvisations by German organist, Sigfrid Karg-Elert.

A simple lunch is served prior to each recital from 11:30-12:15. Please RSVP for the lunch, 763-553-1239.

An Evening with Mark Twain Saturday, February 23 at 7:00 p.m.

Fresh from their *Poetry Smackdown* competitions, Jane Blake and Jeff Whitmill will join forces to read a quartet of short works from America's unparalleled storyteller and first great humorist. Stories to be read include *Markiss*, *King of Liars*, *The Invalid's Story*, *Mrs. MacWilliams and the Lightning* and *The War Prayer*. Though perhaps lesser-known than other of Twain's output, all wonderfully demonstrate his command of storytelling and incisive insights into the human condition. Lots of laughs and a perhaps a zinger or two. Admission is a freewill offering (\$5 is recommended and includes dessert after the program). If you would be interested in helping provide a meal preceding the program, please contact Jeff at jeff@whitmill.net.

Youth & Family Ministry News

Dennis Manson



Children & Family Ministry News



Rose Umland

Auction/Mexican Dinner Fundraiser— March 2

An auction and Mexican dinner will be held on Sunday, March 2 to raise funds for St. Barnabas youth ministry summer trips.

The Auction will be open on Saturday, March 1 (so those coming to Saturday worship can get a look at the items) and on Sunday, March 2. The Silent Auction portion closes at 5:00 p.m. and a Live Auction follows.

There are two settings for the Mexican Dinner on Sunday, March 2. The first setting is from 11 a.m.-1:00 p.m. and the second setting is from 4:30-6:00 p.m. The cost for the meal is \$12 for adults and \$6 for children 12 and under for tickets bought in advance. At the door tickets are \$14 for adults and \$7 for children.

There are two ways you can help out. First, simply come to the Mexican dinner and bid on some of the great items and services that have been donated.

Secondly, the youth would greatly appreciate if you or a group you belong to would be willing to donate an item or two for the Auction.

Donation forms can be picked up from the display table at the Welcome Center and returned to Dennis after they are completed. Also, you might ask a neighbor (non-member) if they have a special service or item that they might donate to support our youth ministry.

Last year this fundraiser raised over \$5000. We hope to go well beyond that and put a good dent into our students fees and pay for the adult chaperones for the Cortez Mission Trip and Boundary Waters Trip.

REVAMP - Restored in Christ

High School ReVamp returns to normal time on February 10 & 17. A Wallyball Fellowship Event is scheduled for February 24. Each night is from 6:30-8:30 p.m.

Cortez Mission Trip Training

February 24, 5-6:30 p.m.

Dinner included in training. Participants please sign up to bring a portion of meal.

Many Thanks to our Middle School Ministry Team (Emily, Maria, and Jessica), along with our adult leaders (Marilyn, Darin, Julie, Jake & Robby) who helped to create an awesome Middle School Extravaganza event on Feb. 11!

First Communion Classes

Children who would like to begin receiving Holy Communion are invited to bring their parents to First Communion classes on Sunday mornings, March 2 & 9 from 9:10-10:00 in the Fireside Room. Those participating will receive their First Communion on Maundy Thursday, March 20.

After studying First Communion practices nine years ago, St. Barnabas decided to follow the practice of several congregations in our synod and adopt the practice of “communion of the baptized”. This means that children as young as 3 or 4 are welcome to the sacrament if 1) the parents feel the child has expressed sufficient interest in sharing the meal and 2) the parents and child attend instruction classes together.

If you have questions about whether or not your child is ready to receive the sacrament, please talk with Pastor Wayne or Pastor Chris. Families are asked to register by signing up at the Welcome Center.

Adopt-a-Soldier Ministry - Feb. 13

Lighthouse kids will be packing care packages for our Adopted Soldiers serving in Iraq on Wednesday, February 13. Please drop off items in the big red box located under the Children’s Ministries bulletin board in the Ministry Center Alcove. Remember no liquids, chocolate or perishable items. Notes of thanks and support for the soldiers can be written by any member of the congregation, and will be included in the mailing. Gifts toward the cost of shipping are accepted also. Clearly mark “Adopt a Soldier” on your offering envelope on the “Other” line.

VBS planning is underway!

Adults and older youth who enjoy working with kids are encouraged to come and help! Let Rose know if you are interested, we need you!

- **Vacation Bible School** for age 3—Kindergarten
July 14-17, 9-11:30 a.m.
- **Luther Park Day Camp** @ St. Barnabas, grades 1-6
July 14-17, 9-3:00 p.m.

Registration forms for VBS and Day Camp are inserted in this newsletter. Extra copies are available at the Welcome Center.

Service of Prayer for Healing **Sunday, February 10**

St. Barnabas offers a monthly *Service of Prayer for Healing*. The service is generally on the second Sunday of each month from 7:00-7:45 p.m.

The service is simple: gathering, listening, praying, and (for those who desire it) laying on of hands. Everyone is welcome. Come seeking prayers for yourself or to intercede on behalf of a family member or friend.



Worship Schedule

Saturdays - 5:00 p.m.

Sundays - 9:00 & 10:30 a.m.

Wednesday Lenten Services
Noon, 5:45, & 7:00 p.m.

Morning Prayer – Thursdays, 7:30 a.m.

Service of Prayer for Healing
2nd Sundays, 7:00 p.m.

Barney's Blarney

Several years ago, Andy was sentenced to prison. During his stay, he got along well with the guards and all his fellow inmates. The warden saw that, deep down, Andy was a good person and made arrangements for Andy to learn a trade.

After three years, Andy was recognized as one of the best carpenters in the local area. Often he would be given a weekend pass to do odd jobs for the citizens of the community, and he always reported back to prison before Sunday night was over.

The warden was thinking of remodeling his kitchen and in fact had done much of the work himself, but he lacked the skills to build a set of kitchen cupboards and a large countertop, which he had promised his wife. So he called Andy into his office and asked him to complete the job for him.

Surprisingly, Andy refused the request. He explained to the warden, "I'd really like to help you, but counter fitting is what got me into prison in the first place."

PRAYER CHAIN

David Helgen 612-238-5738

Carol Dennis 763-559-7852

Or click on "Prayer Request" on the

St. Barnabas homepage:

www.stbarnabaslutheran.org



Saint Barnabas Lutheran Church

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